

Do you **work with** people living with dementia?

'Lessening the Impact of Dementia'

Interactive online training for Health and Care Professionals

We offer training courses via Zoom that you can join from anywhere with internet access. The skills and methods we teach can be used whether you are supporting just one or many people living with dementia, in a care home, within their own home or in any other setting.

They are appropriate for any level of experience, including care workers, health professionals and managers.

Our training programme incorporates:

- A series of nine sessions exploring our approach in depth, with real-life examples
 - Q&A and discussion as part of each session
 - The opportunity to attend a follow-up workshop
- Ongoing support from Understanding Dementia as you put this approach into practice
- The option to be part of an online support community of professionals using the same approach

Contact us for bespoke training and group discounts for your team

FAQs

Is the training expensive?

Competitive rates and a positive impact on practice make our training extremely cost-effective.

Price includes the accompanying booklet, e-handouts, training certificate and follow-up support.

When will it take place?

Courses are run termly, beginning in January, April and September, with day and evening sessions to choose from.

How can I book?

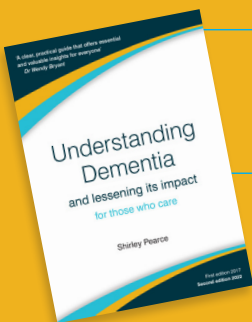
Please book via our website
www.understandingdementia.co.uk

“ I really enjoyed the course content and helpful tips, as well as hearing all the stories from trainers' experiences on what worked and didn't... It has helped me hugely in understanding people living with dementia... I feel I am better equipped to work in care homes... Thank you very much.

Andrea, Physiotherapist, July 2025

“ This course has really changed the way I communicate with people with dementia... I am already using some of the strategies... {It has been} one of the best I have attended in my OT career... I am already recommending this course to my colleagues. Thank you so much.

Rosie, Special Occupational Therapist,
November 2024



Our 32 page booklet written by

Shirley Pearce

BSc (Hons) Occupational
Therapy MRCOT

Shirley Pearce has extensive experience of working with people living with dementia and their carers, both at home and in community and residential settings, and the methods she teaches are evidence-based.